



Get to know all the benefits available to you with the help of this quick reference guide.

Awards - We present a number of events annually at our Wellbeing Awards Gala, including the Governor's Wellness Award, Trek Up the Tower corporate and community awards, the William M. Kizer Light of Wellness awards, the Global Centre for Healthy Workplaces awards, the American Heart Association Workplace Health Solutions awards, and more! Members of The Wellbeing Partners also receive assistance applying for these awards.

Bike Omaha Network - A network combining shared streets, bike lanes, and pathways to connect the metropolitan trail system to downtown Omaha and other important destinations across the city.

Consulting - We are your subject matter experts on a large variety of worksite wellness and community health topics and trainings. Members receive two free hours of consulting annually and discounted member pricing.

Light of Wellness Awards - Presented for Leadership, Inspiration, and Transformation, these awards recognize individuals for making strides in wellbeing achievements.

Member Council - Member networking opportunity to learn and share health and wellness needs and educate on efforts throughout the community.

Member Portal - An online archive of event recordings, ready-to-go resources, and more.

Mental Health Anti-Stigma Campaign - Current focus of the Regional Health Council.

Monthly e-Newsletter - Sent every first Thursday of the month, this e-newsletter includes details for upcoming events, provides quick resources and articles, and more.

Organizational Assessment and Report - A personalized review of the organization's wellness program and culture to identify wellness engagement and strategy.

Partners for Healthy Schools - Technical assistance to OPS and Nebraska Department of Education to implement Healthy Eating and Physical Activity (HEPA).

Preferred Vendors - Wellness vendors recommended by The Wellbeing Partners.

Regional Health Council - Made up of the Douglas, Sarpy/Cass, and Pottawattamie health departments, this group addresses health as a region by listening to residents, businesses, organizations, schools, faith communities, and elected officials to understand pressing health needs and create strategic regional response.

Safe Routes - Safe Routes to Healthy places engages residents and assesses for safety travel patterns and routes to support healthy living.

Share Our Table - Coalition allowing food system partners to ensure residents have affordable, culturally appropriate food.

Signature Events - Trek Up the Tower, the Wellness Awards Gala, and the Xchange

Specialty Presentations - Tailored onsite presentations of a topic of your choosing.

Table Topics - Member networking event to participate in roundtable talks with experts and peers on select topics.

Traveling Coffee Clubs - Member networking event to learn about wellness initiatives at other organizations.

Trek Up the Tower - Community stairclimbing event up the First National Tower in downtown Omaha. Attracting up to 2,000 participants annually, this event can be completed individually or on corporate or community teams.

TWP Iowa - Iowa members outside of Pottawattamie County pay an Associate Member price for worksite wellness benefits.

Walk Audits - Experts review walkability in community and workplace routes.

Wellness Awards Gala - Celebrational evening of individual, corporate, and community recognition and fundraising.

Wellness Forums - Educational workshop sessions providing additional networking opportunities.