



The
Wellbeing
Partners

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Schools issue friendly challenge to make physical activity fun for students

Skinner Magnet and Howard Kennedy Elementary are in the middle of their first “Walk and Roll Challenge,” a friendly competition designed to encourage staff and students to increase physical activity. The goal is to see which school can log the most steps or rolling distance throughout the challenge period.

Both school principals have shown enthusiastic commitment to the collaboration which has fostered excitement among the students. The challenge includes remote learners, and data gathered will be used in cross-curricular integrations via graphs, comparisons, and other math concepts.

The challenge concludes on February 26, and the school that logs the most steps will receive a trophy, which will rotate in future years if the schools decide to repeat the challenge annually.

The Walk and Roll Challenge is facilitated by The Wellbeing Partners through its Activate Youth program and funded with support from Maternal Child Health and CHI Health.

Challenge launch video: <https://youtu.be/9HYywC0I6wo>

Learn more about Activate Youth: <https://www.thewellbeingpartners.org/change/activate-youth/>

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The Wellbeing Partners is a 501(c)(3) nonprofit organization that seeks to build wellbeing into the way communities grow and do business by supporting the growth of a culture of wellbeing within organizations as well as acting as a convener to address local community health challenges. Relying on expertise and evidence in worksite wellness and public health, The Wellbeing Partners bridge the good work between worksite wellness initiatives and community health collaboration for the greatest impact in our communities. Based on applied practice and partner and community feedback, The Wellbeing Partners combines the eight dimensions of wellness with the social determinants of health model to shape its work so all people and places thrive.