



For Immediate Release

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Regional Health Leaders Release Report on Adverse Childhood Experiences

Omaha, Neb. (August 14, 2020) – The collective partnership of the Douglas, Sarpy/Cass, and Pottawattamie Health Departments, along with The Wellbeing Partners, is releasing the first-ever metro region Mental Health/ACEs Call-To-Action Report to the public. The report outlines lifelong impacts of Adverse Childhood Experiences (ACEs), which are major risk factors that influence mental and physical health and contribute to the development of trauma. The report outlines local and regional public health data and community input to shine light on areas of opportunity to reduce ACEs and trauma development across the region.

The collective partnership hopes that the release of the report will educate community members and leaders and stimulate action and ideas, especially as the community grapples with COVID-19 and its disruption to their lives on multiple levels. Further action steps will be launched as the community recovers from the effects of the pandemic.

For the first time in regional history, the three local health departments of Douglas, Pottawattamie, and Sarpy/Cass counties, along with community members and the regional convener The Wellbeing Partners, selected one health priority across the four counties: mental health. The ACEs report marks progress within this priority work.

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The Wellbeing Partners is a 501(c)(3) nonprofit organization that seeks to build wellbeing into the way communities grow and do business by supporting the growth of a culture of wellbeing within organizations as well as acting as a convener to address local community health challenges. Relying on expertise and evidence in worksite wellness and public health, The Wellbeing Partners bridge the good work between worksite wellness

initiatives and community health collaboration for the greatest impact in our communities. Based on applied practice and partner and community feedback, The Wellbeing Partners combines the eight dimensions of wellness with the social determinants of health model to shape its work so all people and places thrive.

