



Respond. Restart. Recover.

Businesses are facing difficult situations in the wake of the COVID-19 pandemic. The Wellbeing Partners is here to help to support organizations with whatever issues they are handling (see reverse), from human resource and safety needs to overall employee health and wellbeing. In addition to these resources below, you will find an abundance of **COVID-19 resources on our website Portal**.

Human Resources

Use these helpful resources and guidelines to ensure that you are staying compliant in your measures as you tackle the changes COVID-19 has brought and reassess your benefits accordingly.

- [ADP COVID-19 Employee Communications Toolkit](#)
- [CDC COVID-19 Workplace Support](#)
- [Kutak Rock Back to Business Employer Guide](#)
- [SHRM COVID-19 Resources](#)
- [US Chamber of Commerce - Small Employer Survival Guide](#)
- [World Health Organization - Getting the Workplace Ready](#)

Safety & Occupational Health

There is so much that workplaces need to consider about health and safety during a reintegration into workspaces, as we will continue to see how COVID-19 has a lasting effect on workplace safety measures.

- [CDC COVID-19 Safety Support](#)
- [Center for Work & Health \(Harvard School of Public Health\)](#)
- [Gallup – Leadership Response to COVID-19](#)
- [OSHA – Guidance for Businesses](#)
- [OSHA/Department of Labor COVID-19 Control + Prevention](#)
- [Total Worker Health COVID-19 Employer Guide](#)

Health & Wellbeing

The Wellbeing Partners ascribes to SAMHSA's model of the **eight dimensions of wellbeing**: mental, physical, financial, social, occupational, environmental, spiritual, and intellectual. Each of these dimensions relies on the others, and workplaces should address them all. Here we spotlight mental and financial since they are often the most impacted by COVID-19.

- [APA - Supporting Employee Mental Health when Reopening](#)
- [CDC Employee Coping with Stress & Building Resilience](#)
- [CDC Managing Workplace Fatigue](#)
- [MHA - Mental Health and COVID-19 Resources](#)
- [Right Direction Employer Mental Health Resources](#)
- [StressStop - Coping with Coronavirus Stress](#)
- [CFPB – Protecting your Finances during Coronavirus](#)
- [GFLEC – Managing Personal Finances during the Coronavirus](#)
- [SBA - Small Business Guidance & Loan Resources](#)
- [Simple Dollar – Breaking the Cycle of Debt and Mental Health](#)

Walking with you through recovery.

The Wellbeing Partners offers consulting services to help walk workplaces and organizations through the recovery and reopening process. COVID-19 has impacted our communities and businesses deeply. The humanitarian cost to our communities is vast and the economic impact to businesses remains uncertain. You will face your own unique challenges as you plan re-entry into the workplace while supporting the safety and wellbeing of your employees. The Wellbeing Partners understands the importance of advising through these extreme difficulties; with over 38 years of experience building better health and wellbeing, we have the resources and expertise to help.

The Wellbeing Partners will work with any organization to help them manage the impact of the coronavirus, with actions ranging from specific consulting to basic guidance with our free resources.

Here's how we can partner with you.

Customizable Worksite Health, Wellbeing, and/or Safety Consulting

This option allows you to customize what type of support you need. With over 25 years of experience per consultant in the fields of health, safety, quality of life, occupational health, health benefits, and wellness functions, our team can develop workplace wellbeing strategies, develop operating plans, design tools and resources specific to your need, help with vendor selection and management, provide personalized health coaching, and much more! Come to us with a request and we'll find a way to help you.

Organizational Assessment

This assessment covers all important health and wellbeing strategies in your organization, including policy and practice and the impact that the Social Determinants of Health (SDOH) are having on your employees' decision-making. You receive complete reports, including SDOH mapping and specific guidance on how to implement, modify, or improve workplace culture, wellbeing initiatives, and employee benefits to support your organization and its employees.

Health, Wellbeing, and Safety Audit

Audit current health and wellbeing programs, policies, systems, and environments to determine if you are meeting the minimum safety requirements and help you assess current health and wellbeing initiatives. A full report of findings and suggestions for next steps is included following the audit.

Personalized Wellbeing and Safety Presentations/Trainings

We provide a variety of presentations and trainings on wellbeing and safety. Examples include Mindsetting for Wellbeing and Performance, Mindfulness and Resilience, Stress Management, Overcoming Fatigue in the Workplace, and much more.

